



Comprehensive Care and Supportive Services for treatment planning include:

- Social Work
- Case Management
- Medication Management
- Psychiatry
- Nursing
- Medical Services
- Individual and Group Counseling



Full recovery comes from treatment that addresses all parts of the addiction.

Unlike other addiction treatment options, we consider the emotional, social, and spiritual aspects of addiction recovery for patients in one primary care location.

Outpatient treatment for substance dependency and addiction is based on an individual treatment plan. We will identify the severity of each patient's substance use disorder prior to establishing a recovery plan.

Patients with jobs will not have to quit work to enter treatment. Catalyst Health offers extended hours with our providers and services to accommodate patients' work schedules.



Office-Based Addiction Treatment for Opioid, Alcohol, and Substance Use Disorders.

Established in 2013, Catalyst Health is maintained through outreach activities while collaborating with local education institutions and various area services, legislatures, and non-profit agencies. Led by a team of Board-Certified Addiction Specialists, it is the mission of Catalyst Health to provide exceptional care and resources to each patient to meet individualized goals.

Like many others before you, recovery from addiction is possible.

Our patients come from various age groups, ethnicities, and family histories. Catalyst Health wants each patient to re-enter life stronger and more focused than they were prior to their dependency. We will help you put the broken pieces back together by providing support, encouragement, and care.



Call 423.282.3379 today and set up an appointment to take your life back.



Improved Patient-Centered Treatment Outcomes for Substance Use Disorders.

Proven-effective patient treatment for substance use disorders include, Office-Based Addiction Treatment (OBAT) and Medication Assisted Treatment (MAT). Substance use disorders is increasingly being treated with Buprenorphine (Zubsolv, Bunavail, Subutex, Suboxone) due to its effectiveness to both activate and block substance addiction receptors. Naloxone is added to certain formulations as an abuse deterrent.

Catalyst Health is proud to partner with the following insurance providers:

TennCare:

Amerigroup, BlueCare,
United Healthcare Community Plan

Virginia Medicaid:

Aetna, Anthem HealthKeepers Plus, Magellan,
Molina, Optima, United Healthcare Community Plan,
Virginia Premier

Medicare:

Part B & Part C

Commercial:

BlueCross BlueShield, Cigna, Optum,
United Healthcare



2426 Lee Hwy, Ste. 104
Bristol, VA 24201
423.282.3379

1018 Chase Dr.
Johnson City, TN 37604
423.282.3379

Bristol Lifestyle
Recovery (*Campus*)
261 North St.
Bristol, VA. 24201
423.282.3379

Mended Women Lifestyle
Recovery (*Campus*)
482 Bradley St. SW
Abingdon, VA. 24210
423.282.3379

Catalyst Health Solutions is licensed through the State of Tennessee and is designated as a Preferred Provider by the State of Virginia and the Department of Medical Assistance Services. This project is funded under a Grant Contract with the State of Tennessee, Department of Mental Health, and Substance Abuse Services. No person will be denied services based on race, ethnicity, national origin, religion, sex, age, mental or physical disability or medical condition, sexual orientation, claims experience, medical history, evidence of insurability (including conditions arising out of acts of domestic violence), disability, genetic information, or source of payment.